

Learn to Ski and Snowboard the professional way with our instructors who will hustle their way to teach you easy to master Ski and Snowboard techniques, so you can take back the most unforgettable memories in the snow!



ZUBAIR FAIZAL RAJA ADIL ABAS MOHAMMAD

# Team









Chief Training



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# **SPORTSFORT**





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gulmargskiacademy.com





# SNOWBOARD GOVT. RECOGNISED ACADEMY

# WORLD'S 3RD BEST

Skiing Destination

13. 782 FT

Home to the highest cable car, Gulmarg Gondola

TRAINING GROUND

for Nationals

ALLOWS UP TO 10 RUNS

in a day from gondola top

**SPORTSFORT** 

# INTRODUCING GSA





ONLY 3 PERCENT OF THE INDIAN POPULATION IS EXPOSED TO SKIING AS A SPORT.



Gulmarg Ski Academy is one of the world's premier state-of-the art ski and snowboarding adventure destination amidst the astounding Himalayan backdrop.

An avenue, which is dedicated to enable skiers with world-class infrastructure and training in winter sports, access to professional trainers, and bring unparalleled experiences to the floor.

All the while, ensuring that your adventures are secure and safe and backed with exceptional downhill skiing and snowboarding!







End to end services: From flight booking to hotels to seeking adventure

Full Support from Locals & various Government Bodies ensuring complete safety for visitors and guaranteed good time



# WHO IS IT FOR?



# NDIVIDUAI

SKI FOR RECREATION OR GET CERTIFIED



## FAMII '

PLAN FOR YOUR ONE IN A MILLION FAMILYCATION



## SCHOOL

REVAMP YOUR SPORTS TRAINING AND INDUSTRIAL VISITS



# CORPORATE

SELECT A UNIQUE TEAM RETREAT FOR YOUR ORGANIZATION



# INTRODUCTION TO WEATHER & SNOW SIGNS

- On landing at Srinagar airport, students will be taken straight to our chalet
- In the evening, we take to an mesmerising trail to get the students accustomed to the weather
- The students will be categorized into different groups and each of them will be assigned a lead instructor
- Snowballs, snow fights, snow signs and snow fun! That's what our first day at Gulmarg Ski Academy is going to be all about

# Day

# INTRODUCTION TO SKI & SNOWBOARDING EQUIPMENT

- On the second day, the students will face their first challenge selecting the right Ski equipment
- With the help of our trainers they won't just be selecting their equipment but will also be taught to Ski on a flat snow surface
- Once they've tried both Ski and Snowboarding equipment, they can choose which sport are they more comfortable in learning

### **KEY LEARNINGS**

- · Basics of Ski and Snowboarding equipment
- · How to balance weight on a snowclad surface
- · The right body posture for Skiing and Snowboarding



# **TRAINING BEGINS**

- We begin with our Ski and Snowboard training where our lead instructors will teach the students to successfully navigate around academy's base area
- They will also be taught to walk up small hills with their skis on In the evening, local performances will be organized for the
- students in order to introduce them to the Kashmiri culture

### **KEY LEARNINGS**

- · How to navigate smoothly on the snow
- · Knowledge about Kashmiri culture



# TAKING ADVENTURE TO THE NEXT LEVEL

- Our instructors will be conducting training sessions on slightly steeper slopes
- Students will be taught various professional techniques of Skiing and Snowboarding
- After lunch we will organize a short tour in Gulmarg for the students where we explore the famous tourist points

### **KEY LEARNINGS**

- · Techniques for downward Skiing and Snowboarding
- · Knowledge about the history and culture of Gulmarg



# GONDOLA RIDE & DOWNWARD SKIING

- We start preparing the students for the gondola ride which take them to a mountain peak in Gulmarg
- Once the students reach the mountain peak they can witness our trainers perform advanced techniques for downward Skiing & Snowboarding which allow them to learn more about the same
- In the evening, we will organize an award function for the students where each of them will be awarded with a certificate for their training

### **KEY LEARNINGS**

- Advanced techniques for downward Skiing and Snow boarding
   More about their strengths
- Day 6



# MOST COMMON QUESTIONS ASKED TO OUR TRAINERS

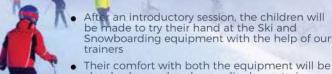


### AT WHAT AGE CAN A CHILD LEARN TO SKI OR SNOWBOARD?

Ideally everyone would start at age three, because at that age, kids are fearless.

Their small stature and adaptability makes the sport much easier to learn than for an adult. For the most part, teaching little ones to ski is about getting them familiar with the equipment and the feeling of gliding on snow. Once they get the feel of gliding down, they can advance to riding the chairlift.

### WILL MY CHILD LEARN ALL ABOUT SKI AND SNOWBOARDING IN 5 DAYS?



- closely observed and accordingly our trainers will help them make their choice between Skiing and Snowboarding
- Within the time span of five days your child will be able to learn the basics of his preferred sport



- Improves mental strength and concentration
- Strengthens bones and joints
- · Increases cardiovascular endurance
- Strengthens lower body muscles
- · Improves balance & core strength
- · Improves flexibility



- · Local Gulmarg management available 24 hours
- · Doctor on call
- · All travel arrangements
- · Private transfers
- · Last minute changes can be addressed



- Access to certified instructors
- Direct access and entry to national selection for winter sports team of India
- Direct certification from GSA and Government of J&K